

## **Job Description**

POSITION: In Home Support, MHRT I

**DEPARTMENT:** Daily Living Support Services

**SUPERVISOR:** Director of the Daily Living Support Services Program

JOB TITLES SUPERVISED: None PAY RANGE: State Minimum - TBD

#### **GENEREAL DESCRIPTION OF RESPONSIBILITIES**

The role of the MHRT/1 is to provide quality services and support to clients and to maintain regular and consistent communication with Program Directors, Clinical Directors and other client support systems as appropriate to support clients in recognizing their strengths and individual needs. Essential Duties of the MHRT/1 include assisting clients to work on their short term and long term goals by helping learn new skills, encouraging positive behavior by use of positive reinforcement, documenting all services provided according to program policies and state licensing guidelines, as well as preparing and submitting progress notes reflecting client interaction after each shift. The MHRT-1 will be responsible for reporting any programmatic or clinical difficulties to the proper directors, following the chain of command to report information and incidents, attending clinical supervisions and other agency meetings as scheduled and to adhere to program guidelines and agency policies. Driving will be required in this position.

Shifts will vary based on the needs of the program.

## **EXPERIENCE**

Knowledge and experience in the Mental Health Field, and an understanding of HIPPA guidelines.

### **EDUCATION**

High School Diploma or GED, Required
40 Hours of Continuing Education per year
Mental Health Rehabilitation Technician I, Required
CPR/First Aid
MANDT
MHSS

# **VEHICLE REQUIREMENTS**

A Valid Maine Driver's License is required as is a reliable vehicle with a valid registration, state inspection sticker and auto insurance.

## PHYSICAL DEMANDS (In a Usual Day)

Sit Total hours/Day 2 Hours at one time 1
Stand Total Hours/Day 3 Hours at one Time 1
Walk Total hours/Day 3 Hours at one time .25



Approximate percentage of time tasks are performed in carrying out the essential functions of this position.

10%	of time bending or stooping			
10%	of time squatting			
10%	of time reaching above shoulders level			
10%	of time hands/fingers used for repetitive	e motions		
10%	of time hands/fingers used for fine man	ipulation		
10%	of time hands/fingers used for simple gr	rasping		
10%	of time hands/fingers used for pushing/	pulling		
10%	of time hands/fingers used for firm gras	ping		
10%	of time head/neck used in rotational mo	ovements		
10%	of time head /neck used in static mover	nent		
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Pounds Employee may be required to carry 20lbs				
Usual Distance Carried 50 ft.				
Pounds employee may be required to lift 20lbs.				

This is not necessarily an exhaustive list of responsibilities, skills, duties, requirements, efforts, or working conditions associated with the job. While this job description is intended to be an accurate reflection of the current job, the company reserves the right to revise the functions and duties of the job or to require that additional or different tasks be performed when circumstances dictate (such as emergencies, changes in personnel, workload, rush jobs, or technological developments)

I have carefully read and understand the contents of this job description. I understand the responsibilities, requirements, and duties expected of me. I also understand that this job description does not constitute a contract of my employment nor alter my status as an at will employee. I have the right to terminate my employment at any time for any reason, and the company has a similar right.

Submitted By:		
	Supervisor Name/ Title	Date
	Employee Name	Date
	Employee Signature	Date